



**Berlin Academy of Occupational Medicine
and Health Protection
Mentoring**

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Agenda

- Further qualification in occupational health medicine
- Practical training by mentoring
- Joint course leadership



Further qualification in occupational medicine

Requirements

- Occupational health consultant (5 years)
 - 2 years general medicine or internal medicine
 - 36 month occupational medicine
 - 360 hours theory
- Special interest in occupational medicine (3 years – not everywhere available, e.g not in Berlin)
 - 12 month general medicine or internal medicine ,
 - 24 month in occupational medicine
 - 360 hours theory



Training for occupational health doctors

- The situation in Berlin before 2003
 - Focus on traditional teaching methods
 - Lack of guidance on how to apply theoretical knowledge in practice



Training for occupational health doctors

- Objectives:

- Offer guidance
- Develop an 'operational view' (vs clinical view)
- Demonstrate practical relevance and importance of the curriculum
- Get the trainees to create their own curriculum and articulate their needs
- Offer the trainees opportunities for networking
- Make the mentor's work more stimulating
- Enhance the mentor's ability to recognize and steer dynamics in the teaching processes



Mentoring – The Berlin Training Model for occupational health doctors

- Who is Mentor/Moderator?
 - Experienced consultants in occupational medicine
- What tasks?
 - Chair meetings following site inspections
 - Specific questions such as ‘the role of occupational health doctor’ or ‘topics identified on site inspections’
 - Give Lectures
 - Create workshops, e.g. ‘addiction’ or ‘demographic change’
 - Give examples, e.g. role plays or talks about addiction



Joint course leadership

- since 2008
- panel of six experienced occupational health physicians already working as mentors
- Tasks:
 - Preparation and design of the course
 - (Throughout the course) accompanying the trainees, introduction of referees, creation of contingency plans
 - Post-course evaluation



The course leader

- Course A1 **Trutz Kayser**
- Course A2 **Bernwart Siebert**

- Course B1 **Dieter Weigel**
- Course B2 **Dietmar Mirwa**

- Course C1 **Elisabeth Rosenkranz**
- Course C2 **Dagmar Umnus-Lackner**



Summary

- This mentoring model successfully leads to a qualification in Occupational Medicine relevant to practice.
- This joint leadership model is an innovative way of creating concepts for training of occupational health doctors by:
 - changing experiences and meanings of course structures and
 - collectively defining topics and developing standards