

EASOM

European Association
of Schools of Occupational Medicine



BULLETIN – SEVENTEENTH EDITION

MAY 2015

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More Information about EASOM: <http://neu.easom.eu>

For comments and questions about this Bulletin, contributions and suggestions for the next Bulletin, please send an e-mail to: eapauncu@gmail.com

14th EASOM Summer School

Ewan Macdonald

The Fourteenth EASOM Summer School “ATOM – Assessment of Trainees in Occupational Medicine in Europe” took place in Glasgow, Scotland, from 28th to 30th of August 2014.

Organizers were: EASOM, Scottish Centre for Healthy Working Lives - Healthy Working Lives Group, Faculty of Occupational Medicine of the Royal College of Physicians, Institute of Health and Wellbeing, University of Glasgow, Working on Wellbeing UK, Health Management UK, SOM and UEMS.

This conference / workshop, which is of importance to the delivery of Occupational Medicine and Health across Europe and relevant to other global regions was proposed by the European Association of Schools of Occupational Medicine (EASOM).

In the European Union

- There is free movement of medical specialists and other workers across Europe.
- Required competencies of specialists are agreed.
- Training systems differ widely e.g. some may be practically based, for others it may be University based.
- Assessment methods of doctors completing training vary widely, with differing approaches to continuous assessment, examinations, and use of log books.

Importantly there is no moderation of such assessment across countries and therefore standards may differ. This is also an issue globally.

The conference / workshop discussed whether there is a need for a common assessment of trainee specialists in Occupational Medicine in Europe. With input from other global regions, it reviewed the required competencies, training and assessment of occupational physicians, and was of interest to other occupational health professionals who similarly have the ability to work across country boundaries, such as occupational health nurses, hygienists, ergonomics and

safety professionals. It consisted of keynote presentations, free scientific papers sessions and workshops.

In addition to the scientific conference, true Scottish hospitality was offered through an exciting social program!

<http://www.gla.ac.uk/researchinstitutes/healthwellbeing/research/publichealth/hwlgrouptoassessmentoftraineesinoccupationalmedicineineurope28th30thaugust2014glasgow/#tabs=0>

(Attention: The links to the conference proceedings currently don't work completely. Please use the "Contact"- button of the local website for further information.)

EASOM at the Joint-meeting of two ICOH Scientific Committees, Occupational Medicine Health Services and Research and Evaluation in Occupational Health

Bologna, October 15-16, 2014

Begoña Martínez Jarreta



From 15 to 16 October 2014, a Joint Meeting of two ICOH Scientific Committees took held at the University of Bologna (Bologna, Italy). The Scientific Committees were those from “Occupational Medicine” and “Health Research and Evaluation in Occupational Health” and a number of interesting topics were covered that included also education and training in Occupational Health.

Two members of the EASOM board: Prof. Lutgart Braeckman and Prof. Begoña Martínez-Jarreta participated at this meeting. Both of them were presenting authors of two different oral communications and Prof Martínez-Jarreta was also chairing two scientific sessions.

This circumstance was seen as an opportunity to summarize, analyse and introduce EASOM’s initiatives and achievements in its 20-year history. Then a poster communication was presented that not only compiled and analysed all the activities developed by EASOM since 1993 (scientific papers, position papers, teaching modules, Summer Schools and courses). but also identified the challenges still facing us. The title: “EASOM: THE PROFESSIONAL ORGANIZATION FOR SCHOOLS OF OCCUPATIONAL MEDICINE IN EUROPE”.

http://www.icohweb.org/site_new/multimedia/events/pdf/ICOH%20Bologna%202014.pdf



Invitation - 15th EASOM Summer School

TEACHING TRAINEES IN OCCUPATIONAL MEDICINE ABOUT PSYCHOSOCIAL RISK FACTORS AT WORK

Lake Bled, Slovenia, 26th – 29th August 2015

This conference/workshop which is of importance to delivery Occupational Medicine and health across Europe will discuss about teaching psychological stress, health effect of psychosocial strain and teaching psychosocial issues in occupational medicine.

In addition to the Conference, we are offering a Slovenian hospitality through an exciting social programme in north western part of Slovenia, at the foot of Julian Alps.

The venue of EASOM Summer School 2015 is HOTEL ASTORIA, Lake Bled <http://www.hotelastoria-bleed.com> EASOM delegates and their companions or family members can take the advantage of preferential rate of 70.00 EUR Bed & Breakfast in a single room per person per day or 50.00 EUR Bed & Breakfast in a double room per person per day.

Lake Bled is easy to get to <http://www.bleed.si/en/how-to-get-here> . The Ljubljana Airport at Brnik is located 36 km away (<http://www.lju-airport.si/en/Main>), there are shuttle busses, rental car or taxis available.

Welcome to EASOM Summer School 2015, to the heart of Slovenian Alps. There is a permanent fee of 300.00 EUR.

The organizer:

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EASOM SUMMER SCHOOL 2015 – TEACHING PSYCHOSOCIAL RISK FACTORS AT WORK

Wednesday, 26 th August 2015		
15:00 – 20:00	EASOM Board Meeting	
	Dinner	

GENERAL SCHEDULE : WHAT? WHY? HOW? WHEN?

www.healthy-workplaces.eu/en

Thursday, 27 th August 2015		
Time	Presentation	Presenter
09:00 - 09:30	Registration	
09:30 – 10:00	Welcome	<i>Giso Schmeisser</i>
		<i>Marjan Bilban, Medical Faculty Ljubljana</i>
10:00 – 10:30	Opening lecture: Workers' health during crisis in Slovenia	<i>Metoda Dodič Fikfak</i>
10:30 – 11:00	Key lecture 1: Psychological stress and risk assessment	<i>Marija Molan</i>
11:00 – 11:30	COFFEE BREAK	
11.30 – 12.00	Key lecture 2: Health effects of psychosocial strain	<i>Sára Felszeghi</i>
12:00 – 13:00	WORKSHOP	

	<ol style="list-style-type: none"> 1. Do you evaluate psychological risks? 2. How do you evaluate them? 3. The consequences of the evaluation? 	<i>3 groups</i>
13:00-14:00	LUNCH	
14:00 – 14:30	Feedback from workshops	<i>Reporters</i>
14:30 – 16:30	Teaching of psychosocial issues in occupational medicine and case management	<i>Maija Eglite Kristin Buhaug Ger Kaldenberg Nurka Pranjć Sibel Kiran</i>
16:30 - 17:00	COFFEE BREAK	
17:00 – 19:00	EASOM General Assembly	
20:00	SOCIAL EVENT - Dinner at Astoria Hotel	

Friday, 28th August 2015		
Time	Presentation	Presenter
9:00 – 9:30	PTSD and prevention at the workplace	<i>Mirjana Damej</i>
09:30 - 11:00	Primary prevention	
	<i>Primary prevention in practice - Workplace mental health promotion</i>	<i>Sabine Griebel Jadranka Mustajbegović Elena Ana Pauncu Tanja Urdih Lazar</i>
11:00 – 11.30	COFFEE BREAK	
11:30 – 12:30	<i>Management strategies for psychosocial risks at an organisational level</i>	<i>Examples from Slovenian Enterprises</i>
12:30 – 13:30	LUNCH	

13:30 – 15:30	Secondary prevention	
	Case management – good practice: Importance of resilience for the psychosocial health at work	Zvonimir Galić Jasminka Godnić Cvar Diana Jelec Andrea Egger
15:30 – 16:00	Rehabilitation and return to work	Lode Godderis
20:00	SOCIAL EVENT - Dinner at the village of Begunje	“ALPENOVERKREINER”

Saturday, 29th August 2015		
Time	Presentation	Presenter
	Tertiary prevention	
09:30 – 10:00	Workers fit-note	Raymond Agius
10:00 - 11:30	Vocational rehabilitation	Soile Jungewelter Nada Turčić Metka Teržan
11.30 – 12:00	Introduction to Summer School 2016	Niels Mageroey Kristin Buhaug
12:45 – 13:00	Summary on the Summer School 2015	Giso Schmeisser
13:00	LUNCH	



REGISTRATION FORM

EASOM SUMMER SCHOOL 2015

Bled, Hotel Astoria, 27th to 29th August 2015

Participant:

Name and Surname		
Address		
Post code and post		
Employer and address		
Date		Signature

Data for the INVOICE:

Name of the payer		
Address of the payer		
Post code and post		
VAT number of the payer		
VAT liable	YES / NO (mark the correct one or remove the wrong one)	
Date		Signature of the responsible person

PARTICIPATION FEE

The fee of **300.00 EUR (incl. VAT)** must be allocated to the Bank account of the University Medical Centre Ljubljana, ZALOSKA CESTA 002, SI-1000 LJUBLJANA, VAT number SI52111776, Account Number / IBAN **SI56 01100-6030277894**, Reference number: 2993024-7340548, BANK OF SLOVENIA, SLOVENSKA 35, 1505 LJUBLJANA; SWIFT CODE: **BSLJSI2X**.

REGISTRATION:

Registration form is obligatory and must be sent by mail to easom2015@kclj.si or by fax +386 15222478.

HACETTEPE University

Sibel Kiran



Hacettepe University

Hacettepe University with its 15 Faculties, 14 Institutes, 2 Applied schools, 1 conservatory, 6 vocational schools, 83 Research and Application Centers, 3574 academic personnel and 41157 students is Turkey's premier university in medicine and public health spheres.

There are 28.400 students in undergraduate, 7.000 in graduate degree programs and 3.500 permanent academic members and also bilateral agreements with a number of universities in Turkey and abroad.

Hacettepe University is located in 5 campuses: Sıhhiye, Beytepe, Beşevler, Polatlı and Sincan Campuses. Sıhhiye and Beytepe Campuses are the main campuses. Hacettepe University Institute of Public Health is located at main Campus, Sıhhiye.

<https://www.hacettepe.edu.tr/english/hakkinda/geneltanitim>

Institute of Public Health is as old as Hacettepe University. The name of the Institute was Institute of Community Medicine at the time it was built in 1963. The aim of the Institute was defined as providing the facility of field studies to the students of medical school, besides their theoretical courses. The Institute was closed by the Higher Education Law in 1981, and then re-established in 1992 under the name of Institute of Public Health. The institute consists of 28

academics and 7 administrative staffs. With 85 national and 13 international students the Institute is a big family. The 21 of the students are trained in Occupational Health programs.



Hacettepe University Institute of Public Health

Institute of Public Health is the only institute in the field of Public Health in the country and is made up of five Departments conducting MSc and PhD programs on various public health related disciplines. Institute of Public Health has a high capacity of establishing national and international collaborations, owing to its multi-disciplinary structure.

The mission of Public Health Institute is to conduct all kinds of scientific studies to improve health of the community and public health discipline in the country, including planning and implementing scientific projects, to collaborate with national and international organizations, to conduct post-graduate courses and training programs in order to improve quantity and quality of public health workers in the country. The Institute has activities to promote and protect health of people and increase their quality of life in collaboration with other faculties and graduate schools of our university, governmental and non-governmental institutions, national and international organizations and media, and contributes public health science and practice in the field. The Institute of Public Health has international collaborations. besides conducting research and projects.

Departments

- Public Health
- Epidemiology
- Occupational Health and Medicine
- Health Education and Health Promotion

Environmental Health and Medicine

MSc Programs

- Public Health
- Health Management in Disasters
- Nutrition and Food Sciences
- Health Administration
- Epidemiology
- Occupational Health
- Health Education
- Environmental Medicine

PhD Programs

- Public Health
- Health Administration
- Epidemiology
- Health Education
- Occupational Health

The institute provides postgraduate training.

Occupational Health and Safety Ph.D. Program conducted in Occupational Health and Occupational Diseases Department of Public Health Institute. The aim of the programme is to graduate students equipped with skill and knowledge on basic principles and practice of occupational health and safety, to participate in studies aiming to increase health level and quality of life of workers and to contribute to the development of the science of occupational health and safety in Turkey. Foreign students also have the opportunity to apply for the PhD Program.

The duration of the PhD Program is four years (eight semesters). The first two years (four semesters) consist of required and elective courses, whereas the third and fourth year consists of the thesis work.

Occupational Health and Safety Msc Program

Occupational Health and Safety MSc Program conducted in Occupational Health and Occupational Diseases Department of Public Health Institute, aims to graduate students equipped with skill and knowledge on basic principles and practice of occupational health and safety, to participate in studies aiming to increase health level and quality of life of workers and to contribute to the development of the science of occupational health and safety in Turkey. After graduation, candidates have the opportunity to apply to the PhD program. Foreign students also have the opportunity to apply for the MSc Program.

The duration of the MSc Program is two years (four semesters). The first year (two semesters) consist of required and elective courses, whereas the second year consists of the thesis work.

The Diploma Supplement is issued to all graduates of Hacettepe University Institute of Public Health which follows a model developed by European Commission, Council of Europa and UNESCO/CEPES.

Currently, the MSc and PhD Programs of the Institute of Public Health are affiliated administratively to the Institute of Health Sciences.

<http://www.halksagligiens.hacettepe.edu.tr/english/>

EASOM Representative of Member Institution:

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All details available at:

<https://www.hacettepe.edu.tr/english/>

<http://www.healthsci.hacettepe.edu.tr>

<http://www.halksagligiens.hacettepe.edu.tr/english/>

<http://www.halksagligiens.hacettepe.edu.tr/english/catalog-public%20health.pdf>

University Department of Occupational Pathology and toxicology/ Chair of Occupational Medicine, Medical Faculty University of Tuzla, Bosnia and Herzegovina

Nurka Pranjić



University of Tuzla

University of Tuzla is a public university located in the city of Tuzla, Bosnia and Herzegovina (B&H). The university was founded in 1958. It became a proper university in 1976, and today is one of the major institutions of higher learning in B&H.

A college of mining was established in 1958 and Faculty of Chemical Engineering in 1959 as a first faculty outside University of Sarajevo in B&H at which time the university had 159 students. The Mining School developed into a Faculty of Mining in 1960. From there more faculties and Medical Faculty too, were added and enrollment increased, until an independent institution of higher education was created.

Faculty of Medicine is established 18 November 1976. Chair of Occupational medicine was introduced in curriculum of graduate study Medical Faculty University of Tuzla 1997. The number of undergraduate students is 15 000 and 1500 postgraduate students, today. The number of University academic staff is 500. Tuzla University is member of European University Association and is accredited this year.

Department of Occupational Medicine

Department of Occupational Medicine (OM) was introduced in curriculum of graduate study of Medical Faculty University of Tuzla 1997. Curriculum of Medical faculty following teaching health care staff in occupational health includes:

- ✓ specialization in occupational medicine and sport (duration 4 years; a two years master in the field in occupational health and safety field as part of specialization; courses of academic recognition of qualifications- ETCS)
- ✓ Doctoral study program (PhD) program: New methods in public health
- ✓ Sub- specialization in occupational medicine
- ✓ provide continued medical education (CME) but not established as well

The teaching of occupational medicine listens to the VI year of the undergraduate medical school and has a total of 30 ETCS.

Mission of Department of occupational medicine provides leadership to promote and keep optimal health and safety of workers, workplaces and working environment by:

- ✓ knowledge and skills in the field (educating the undergraduate and the postgraduate students of Medical Faculty, educating undergraduate students of Health Care Faculty (nursing staff), educating occupational health professionals (specialization training)
- ✓ supporting research in field of occupational risk, occupational pathology, occupational toxicology;
- ✓ enhancing the quality of practical skills;
- ✓ guiding workplace and public policy; and
- ✓ advancing the field of occupational and environmental medicine.

Study teaching programs objectives are:

- ✓ To investigate current occupational safety and health problems and solutions;
- ✓ To keep occupational health (OH) and work ability
- ✓ To identify the forces that influence occupational safety and health; and
- ✓ To demonstrate the knowledge and skills needed to identify workplace problems and advance safe, healthy work for oneself or others.

Subjects at both the undergraduate and master (teaching and practical skills with Catalog of practical skills)

Introduction to subject of OM I OH	Occupational skin disease
Promotion of health at workplace	Occupational solvent poisoning
Psychology counseling regarding OH services	Occupational metal poisoning
Epidemiology in occupational medicine	Occupational biological poisoning
Hygiene of workplace	Occupational pesticide poisoning
Work ability and occupational rehabilitation	Occupational cancer
Workplace risks and reproduction	Occupational respiratory diseases
Adaptation of workplace- salutogenesis	New occupational risks and diseases

Curricula of Department of Occupational medicine provides to students following basic competences

- ✓ Take a working history
- ✓ To make differential diagnosis
- ✓ Provide explanation and advice
- ✓ Assess the patient's mental state
- ✓ Make clinical judgements and decisions
- ✓ Recognise acute medical emergencies at workplace
- ✓ Carry out practical procedures
- ✓ Ability to communicate effectively
- ✓ To assess psychological and social aspects of a patient's disease
- ✓ Apply the principles, skills and knowledge of evidence- based medicine Ability to recognise limits and ask for help
- ✓ Ability to solve problems

- ✓ Ability to make decisions
- ✓ Ability to work in multidisciplinary team
- ✓ Capacity to learn including lifelong learning?
- ✓ Capacity to applying knowledge in practice
- ✓ Capacity for organisation and planning.

Department of OM creates practice guidelines are systematically developed statements designed to assist practitioner decisions about appropriate health care for specific clinical circumstances.

Curricula of Department of OM provide to Health Care Faculty and nursing specialty students following courses in field of OM/OH: Psychology of work, Toxicology, Ergonomy, Environmental Health and Hygiene in workplace.

Department of OM have coloboration with OM Schools in south east europe and Clinic of Occupational diseses in Orebro (Sweden) and Institution of Occupational health of health care workers Orebro.

During teaching proces we used new teaching methods: problem based learning (PBL), sandwich – metod teaching, standarised patients, solving case report and others.

At the end: it is more important that exist initiatives and desires of our students who like to know more and more to gain competence in the area of risk recognition of occupational diseases, occupational toxicology, occupational pathology, biological monitoring of occupational risks, risk assessment, frequent occupational skin diseases and new approach of psychology in the field of health workers.

It is known that... The medical students must be in center of all activity in Medical school and Department of OM too.

Contact:

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