

EASOM

European Association
of Schools of Occupational Medicine

BULLETIN – EIGHTEENTH EDITION

MARCH 2016

In this Issue:

15 th EASOM Summer School	2
Occupational Safety and Health online. How to find reliable information	4
Next EASOM Summer School: Timisoara, Romania, 25-27 August 2016	6
International Conference on Sustainable Employability	12

More Information about EASOM: <http://easom.eu>

For comments and questions about this Bulletin, contributions and suggestions for the next Bulletin, please send an e-mail to: epauncu@gmail.com

SHORT REPORT ON 15th EASOM SUMMER SCHOOL TEACHING PSYCHOSOCIAL RISK FACTORS AT WORK LAKE BLEED, SLOVENIA 27.08.2015 – 29.08.2015

Alenka Škerjanc



Teaching psychosocial risk factors at work was a challenge for the organizers of the 15th EASOM Summer School that took place in Slovenian Alps at fairy Lake Bled.

The first day was devoted to the presentation of the problem. Workers' health during crisis in Slovenia was presented as a challenge to the key lectures – Psychological stress and risk assessment and Health effects of psychosocial stress. The workshop that followed tried to answer the questions if, how and why we evaluated psychosocial risks at work. Some examples of teaching psychosocial issues were presented from Norway and The Netherlands.

The second day brought issues from primary prevention of psychosocial stress, Posttraumatic stress disorder and its prevention on the workplace, and presented management strategies for psychosocial risks at the organizational level. Rehabilitation and return to work was still a hot topic.

Workers fit note was presented as a new way to describe the workability capacities of the workers.

Besides best luck in sunny weather and mountain air at Lake Bled the Friday's evening event introduced the participants to the small village of Begunje where the music of Slavko Avsenik's "Oberkrainer" was born. The small museum and the musician's native home presented the Slovenian soul and hospitality.

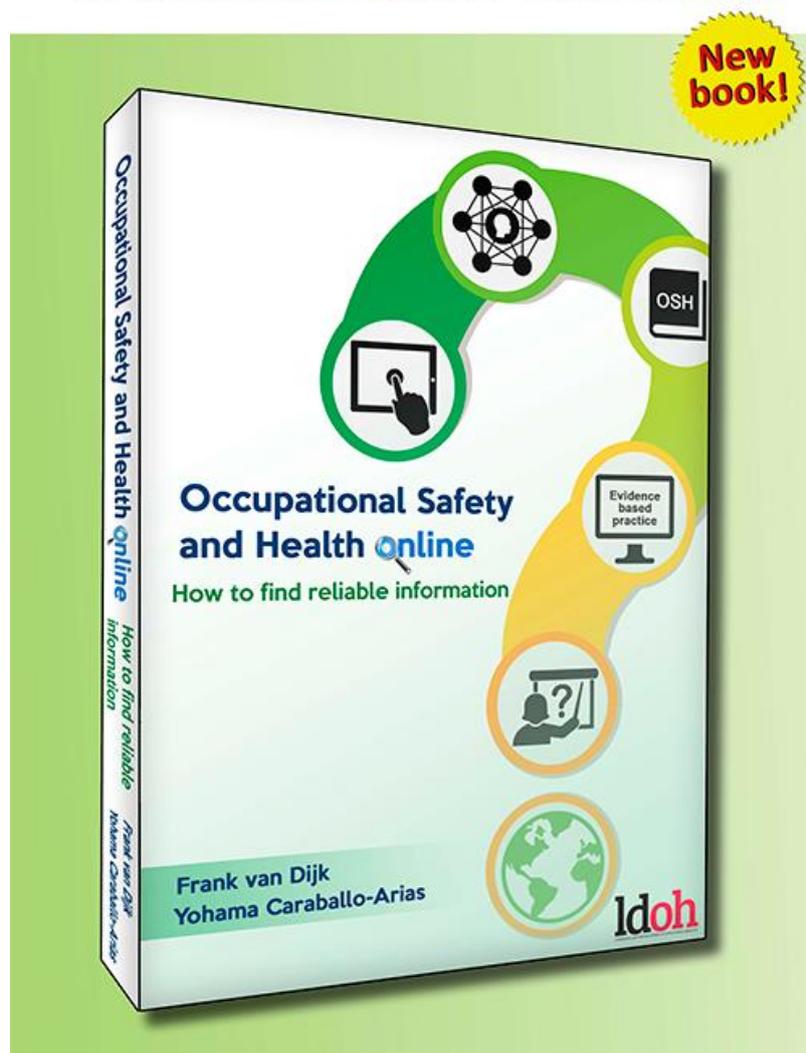
Occupational Safety and Health online. How to find reliable information.

Primary authors: Frank van Dijk (the Netherlands), Yohama Caraballo-Arias (Venezuela)

Co-authors: Jos Verbeek (Finland), Carel Hulshof (the Netherlands) and Paul Smits (the Netherlands)

Occupational Safety and Health **online**

How to find reliable information



Patients, workers, companies and society have the right to receive the best answers and solutions for their problems and concerns. Where do Occupational Safety and Health professionals in practice find scientific support for far-reaching decisions? Google, Yahoo and other popular sources regularly offer outdated publications and websites, often of poor quality. The aim of this book is to be a tool in finding the best evidence efficiently in the world scientific literature and in other valid sources.

Date of publication is November 17th, 2015. Language is English.

The publisher, Learning and Development Occupational Health (LDOH) foundation, Leusden, the Netherlands, as an independent nonprofit foundation, is able to offer you this digital PDF book, free of charge.

The Center for International Health in Munich, Germany, sponsored the development. To receive the file please send your name, email address and country, mentioning 'How to find' at the e-mail address info@ldoh.net.

The pdf that you receive can be used on your PC, laptop, tablet or smartphone. It is only possible to open the links imbedded in the text when you have an internet signal to your electronic device. The document or parts of it can be printed for personal use. If you want to disseminate the book to others, please refer them to the website, so we can get the email addresses to send them future updates and news:

<http://www.ldoh.net/downloads/occupational-safety-health-online-find-reliable-information/>

EASOM
European Association
of Schools of Occupational Medicine



UMFT
Universitatea de
Medicină și Farmacie
„Victor Babeș”
din Timișoara



Invitation EASOM Summer School 2016

Managing & Teaching Workability

Timișoara, România

25th – 27 of August, 2016

Venue: Hotel Timișoara





Dear colleagues, EASOM members,

I am honoured to invite you in Timisoara for the 16th EASOM Summer School which proposes you an actual and interesting topic, ***Managing & Teaching workability***.

Fit for work and workability are notions which have well mastered by occupational doctors, but also by other medical specialists.

Even though the 2013 EASOM summer school was organized in Timisoara, please welcome again in the city of flowers, the little Vienna of the olds' days. We are waiting for you with bread and salt, according to Romanian tradition.

This time Timisoara airport will be opened. It is located 5 km from city centre. <http://www.aerotim.ro/index.php?lang=en/>

There are shuttle busses (rare), rental cars, taxis from and to the airport. You can ask the hotel for airport shuttle.

The venue of EASOM Summer School 2016 is HOTEL TIMISOARA, Timisoara, Romania. You can take the advantage of preferential rates per day (please, at reservation, mention „**EASOM Summer School**”). EASOM special rates:

Quality single room 4* with breakfast, SPA access	65 €
Quality double room 4* with breakfast, SPA access	75 €
Quality single room 5* with breakfast, SPA access	80 €
Quality double room 5* with breakfast, SPA access	90 €

You will find information about Timisoara at the address <http://www.timisoara-info.ro/en.html/> and about tourism in Romania at <http://www.romaniatourism.com>

The ***EASOM Summer School fee is 300 Euro for EASOM members and 450 Euro for non-members***. Please, send us as soon as possible your registration form!

The local organizers of this summer school are University of Medicine and Pharmacy Victor Babes Timisoara and the Romanian Society of Occupational Medicine.

We are looking forward to welcome you in Timisoara!

Kind regards. Yours sincerely,

Professor Elena-Ana Pauncu



UMFT
Universitatea de
Medicină și Farmacie
„Victor Babeș”
din Timișoara



AGENDA

EASOM Summer School 2016 Managing & Teaching Workability

Day 1 - Thursday the 25th of August 2016

Time	Presentation	Presenter
9.00 – 9.30	Registration of the participants	All
9.30 – 9.50	Welcome session	Giso Schmeisser, Elena-Ana Pauncu
9.50 – 10.30	Key lecture: Definition of workability and difference of workability to fitness for work	Elena-Ana Pauncu
10.30 – 11.00	Coffee break (administrative details)	All
11.00 – 12.30	Key lecture: When and how to assess workability and for what purpose? (pre-employment, periodical examinations, return to work)	Lutgart Braeckman, Jean-Francois Gehanno
12.30 – 13.45	Lunch	All
13.45 – 14.25	How to assess workability for return to work in psychiatric diseases	Begoña Martínez-Jarreta
14.250 – 15.00	Multidisciplinary guideline on a participatory approach in the workplace	Ria Sandbrink
15.00 – 15.30	Coffee break	All
15.30 – 16.20	National experience in managing and teaching workability	Petar Bulat, Sára Felszeghi

Time	Presentation	Presenter
16.20 – 16.40	The role of different stakeholders in return to work. An European survey.	Corina Oancea
16.40 – 18.00	Break	All
18.00 – 19.00	Walking tour from hotel to „Timișoreana”	All (facultative)
19.00 – 20.30	„Timișoreana” Brewery visit (established in 1718)	All
20.30 – 22.00	Buffet dinner (La Fabrica)	All

Day 2 - Friday the 26th of August 2016

Time	Presentation	Presenter
9.00 – 10.00	Key lecture: Changing working environment: positive and negative influences on workability	Sven Hoffmann
10.00 – 11.00	Key lecture: Workability of ageing workforce?	Jasminka Godnic-Cvar
11.00 – 11.30	Coffee break	All
11.30 – 12.30	Employers’ experiences on return to work/ Advantages of keeping aged people in their jobs	Stephan Weiler
12.30 – 13.45	Lunch	All
13.45 – 14.15	Teaching work ability - Finish experience	Soile Jungewelter
14.15 – 14.30	Workshop preparation	Elena-Ana Pauncu
14.30 – 15.45	Workshop – learning objectives on workability for a) occupational physicians b) other physicians c) HR – managers and employers	All
15.45 – 16.15	Reporting from the workshop	All
16.30 – 17.45	EASOM General assembly	All
19.30 – 22.00	Conference Dinner, Belvedere Restaurant	All

Day 3 - Saturday the 27st August 2016

Time	Presentation	Presenter
9.00 – 9.30	Workability of young workforce	Alenka Škerjanc
9.30 – 9.50	„Fit for work” versus „Workability” in Romania	Florina-Georgeta Popescu
9.50 – 10.20	Workability in particular situations: workers with chronic diseases Workability and disability at persons with congenital heart diseases	Sára Felszeghil Corina Oancea
10.20 – 10.30	Instructions for workshops and forming of groups	Elena-Ana Pauncu
10.30 – 11.00	Coffee break	All
11.00 – 12.00	Three parallel workshops: Common aspects of workability in three cases	All
12.00 – 12.30	Conclusions from each workshops	All
12.30 – 12.50	Closing the meeting. Conclusions	Giso Schmeisser, EASOM president
12.50 – 14.00	Lunch	All



UMFT
Universitatea de
Medicină și Farmacie
„Victor Babeș”
din Timișoara



REGISTRATION FORM

EASOM SUMMER SCHOOL 2016
Managing & Teaching Workability
Hotel TIMIȘOARA
Timișoara, ROMANIA, 25th to 27th August 2016

PARTICIPANT data:

Name and Surname	
Address	
Post code and post	
Employer and address	
Date	Signature

Data for the INVOICE:

Name of the payer	
Address of the payer	
Post code and post	
VAT number of the payer	
VAT liable	YES / NO (mark the correct one or remove the wrong one)
Date	Signature of the responsible person

PARTICIPATION FEE

Summer School fee is 300 Euro for EASOM members and 450 Euro for non-members

The fee of **300 EUR** must be allocated to the Bank account of the **ROMANIAN SOCIETY of OCCUPATIONAL MEDICINE**, address: 11 Foisorului Street, District 3, Bucharest.

Transilvania Bank

Bank address: 109, Lacul Tei Street, District 2, Bucharest

IBAN code: RO37BTRLEURCRT00N0127301

SWIFT code: BTRLRO22XXX

REGISTRATION: Registration form is obligatory and must be sent by e-mail to epauncu@gmail.com or by fax +40 256 498087.

International Conference on Sustainable Employability

Lutgart Braeckman

On behalf of the organizing committee, I am pleased to send you the second announcement of the ***International Conference on Sustainable Employability***, to be held on **14-16 September 2016, in Brussels, Belgium**. In this conference we want to address everybody who is involved in sustainable employability, and in particular *occupational health and human resources services*, who are the main actors on the field.

The challenging aim is to *build bridges between science and practice*, and to create a *dialogue* between the *academic community* and the *professional community* (both for occupational health and human resources services).

This three day conference is open for practitioners and scientists, but it also targets the *managers*, who are the main decision makers on company level, and for whom an adapted program is provided on Wednesday ("manager's day"). We try to preserve a balance between academics and professionals, and HR and prevention. There are plenary keynotes, but also keynotes in parallel sessions.

We invite you to submit an *abstract* to present your *scientific work* or *practical experiences*, in order to let scientific knowledge meet practical know-how.

We are looking forward to welcome you in Brussels.

Conference web page: <http://www.incose.eu/>